RESEARCH ARTICLE

A type I IFN, prothrombotic hyperinflammatory neutrophil signature is distinct for COVID-19 ARDS [version 2; peer review: 1 approved, 3 approved with reservations]

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Abstract

Background: Acute respiratory distress syndrome (ARDS) is a severe critical condition with a high mortality that is currently in focus given that it is associated with mortality caused by coronavirus disease 2019 (COVID-19). Neutrophils play a key role in the lung injury characteristic of non-COVID-19 ARDS and there is also accumulating evidence of neutrophil mediated lung injury in patients who succumb to infection with severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2).

Methods: We undertook a functional proteomic and metabolomic survey of circulating neutrophil populations, comparing patients with COVID-19 ARDS and non-COVID-19 ARDS to understand the molecular basis of neutrophil dysregulation.
Results: Expansion of the circulating neutrophil compartment and the presence of activated low and normal density mature and immature neutrophil populations occurs in ARDS, irrespective of cause. Release of neutrophil granule proteins, neutrophil activation of the clotting cascade and upregulation of the Mac-1 platelet binding complex with formation of neutrophil platelet aggregates is exaggerated in COVID-19 ARDS. Importantly, activation of components of the neutrophil type I interferon responses is seen in ARDS following infection with SARS-CoV-2, with associated rewiring of neutrophil metabolism, and the upregulation of antigen processing and presentation. Whilst dexamethasone treatment constricts the immature low density neutrophil population, it does not impact upon prothrombotic hyperinflammatory neutrophil signatures.

Conclusions: Given the crucial role of neutrophils in ARDS and the evidence of a disordered myeloid response observed in COVID-19 patients, this work maps the molecular basis for neutrophil reprogramming in the distinct clinical entities of COVID-19 and non-COVID-19 ARDS.

Keywords
Neutrophil, SARS-CoV-2, COVID-19, ARDS, Type I IFN, dexamethasone
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Introduction

Coronavirus disease 2019 (COVID-19) is an acute respiratory condition caused by novel severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection. In the most severe cases (termed “Critical COVID-19”), infection with SARS-CoV-2 can lead to the development of acute respiratory distress syndrome (ARDS)\(^1\). ARDS is a clinical syndrome defined by the presence of bilateral pulmonary infiltrates on chest radiograph and arterial hypoxaemia that develops acutely in response to a known or suspected insult. ARDS is known to be the consequence of disordered inflammation\(^2\), and is characterised by a protein-rich oedema in the alveoli and lung interstitium, driven by epithelial and vascular injury\(^3\) and increased vascular permeability\(^4\). Limited data exists regarding the mechanisms causing hypoxaemia and lung inflammation following infection with SARS-CoV-2, although post-mortem case reports provide evidence of diffuse alveolar damage, with the presence of proteinaceous exudates in the alveolar spaces, intra-alveolar fibrin and alveolar wall expansion\(^5\). In previously described ARDS cohorts in which SARS-CoV-2 was not an aetiological factor, alveolar damage is associated with worsening hypoxia and increased mortality\(^6\). In this context, hypoxia is a key driver of dysfunctional inflammation in the lung, augmenting neutrophil persistence and survival\(^7\) and promoting the release of pro-inflammatory mediators that cause ongoing tissue injury\(^8\). Non-dyspnoeic hypoxia is widely described in patients with severe COVID-19\(^9\), where it is associated with altered circulating leukocyte profiles with an increase in neutrophil to lymphocyte ratios and the presence of lymphopaenia\(^10,11\). More recently, post-mortem studies have revealed that the diffuse alveolar damage does not directly associate with the detection of virus, supporting the concept of aberrant host immune responses as drivers of tissue injury and pulmonary disease progression\(^12\). A disordered myeloid response is further evidenced by analysis of gene clusters and surface protein expression of whole blood and peripheral blood mononuclear cell (PBMC) layers of patients with mild and severe COVID-19\(^13\). However, the functional relevance of these transcriptional signatures remains to be explored given the limited reliance of neutrophils on transcription to regulate protein expression\(^14\). It also remains to be addressed whether the observed changes in neutrophil sub-populations are specific to COVID-19 ARDS or a reflection of the aberrant neutrophil inflammatory responses more broadly associated with the pathogenesis of ARDS. It is also unclear as to how these may be impacted by anti-inflammatory strategies including dexamethasone, which has been shown to lower 28-day mortality for patients receiving invasive mechanical ventilation or oxygen alone\(^15\).

One of the distinct features of COVID-19 that has emerged is the clinical evidence of a pro-thrombotic state, neutrophil retention within the lung microvasculature and the colocalisation of neutrophils with platelets in fibrin rich clots\(^16\). Together with evidence of the formation of neutrophil extracellular traps (NETs)\(^17,18\), this raises the important question as to whether neutrophils are inappropriately activated within the circulation, thus contributing to vascular injury and thrombosis in COVID-19. Exploring the differences in neutrophil responses between COVID-19 and non-COVID-19 ARDS provides an opportunity to understand the mechanisms common to ARDS and those that drive the hypercoagulable hyperinflammatory state specific to COVID-19, thus identifying urgently required therapeutic targets.

In this program of work, we compared the blood neutrophil populations of patients with COVID-19 ARDS to those of patients with non-COVID-19 ARDS, moderate COVID-19 and healthy controls to define the neutrophil host response to SARS-CoV-2. Prior to SARS-CoV-2, a significant confounder of ARDS studies has been the heterogeneity of the underlying processes that result in ARDS with hyperinflammatory and hypoinflammatory phenotypes described. Infection with SARS-CoV-2 provides a unifying trigger to this aberrant host response, whilst comparison between COVID-19 and non-COVID-19 ARDS allows us to identify neutrophil responses that are observed following infection with SARS-CoV-2, or associated with all-cause ARDS.

Methods

Ethics statement

Human peripheral venous blood was taken from healthy volunteers with written informed consent obtained from all participants prior to sample collection as approved by the University of Edinburgh Centre for Inflammation Research Blood Resource Management Committee (AMREC 15-HV-013). The collection of peripheral venous blood from patients diagnosed with COVID-19 and/or presenting with ARDS was approved by Scotland A Research Ethics Committee (20/SS/0002, 20/SS/0052). Patient recruitment took place from April 2020 through January 2021 from The Royal Infirmary of Edinburgh, Scotland, UK through the ARDS Neut (20/SS/0002) and CASCADE (20/SS/0052) Study, with informed consent obtained by proxy. Initial approach was made by a member of the clinical care team to participants or where participants lacked capacity due to underlying physiological compromise to their relative, welfare attorney or legal representative. During this initial approach information sheets were provided and following consideration, where appropriate separate contact made by the research team with either the participant or their representative. Individuals were then guided through the information sheet details, and formal written consent obtained.

Healthy donor and patient recruitment

The presence of ARDS was defined using the Berlin criteria\(^20\). Acute physiology and chronic health evaluation (APACHE II) score = acute physiology score + age points + chronic health points, was undertaken (minimum score = 0; maximum score = 71), where increasing score is associated with increasing risk of hospital death\(^21\). Functional Comorbidity Index data (FCI) was also captured as an 18-item list of comorbidities used to adjust for the effect on physiological function\(^22\). Scores were performed by the clinicians responsible for the patients care on intensive care unit admission or earliest time possible, and collated at a later date by the research team. Nasopharyngeal swabs were undertaken...
at point of hospital admission for all patients included in this study. Infection with SARS-CoV-2 was confirmed in the clinical hospital laboratories by polymerase chain reaction (PCR) as part of routine clinical care. Where initial swab results were negative for SARS-CoV-2, but high clinical suspicion remained, deep airway samples were obtained at point of intubation and clinical testing for SARS-CoV-2 was repeated.

Isolation of human peripheral blood neutrophils

Up to 80 mL of whole blood was collected into citrate tubes. An aliquot of 5 mL of whole blood was treated with red cell lysis buffer (Invitrogen) and with the remaining volume, human blood leukocytes were isolated by dextran sedimentation and discontinuous Percoll gradients as described by Dransfield et al. (2015)\(^2\). Briefly, blood was first centrifuged at 300 × g (acceleration 5, deceleration 5) for 20 minutes and the platelet-rich plasma layer removed. Erythrocyte sedimentation and leukocyte-rich plasma were obtained by incubating the remaining contents in the tube with 6 mL of 6% Dextran 500 (Pharmacosmos) in saline and final volume adjusted to 50 mL with 0.9% NaCl (Baxter) for at least 20 minutes at room temperature. The leukocyte-rich portion was centrifuged at 350 × g (acceleration 5, deceleration 5) for 6 minutes, with the pellet resuspended in 3 mL of 49.5% Percoll (GE Healthcare) and overlayed onto 61.2% Percoll and 72.9% Percoll. Gradients were centrifuged at 720 × g (acceleration 1, deceleration 0) for 6 minutes, with the leukocyte-rich portion removed. Erythrocyte sedimentation and discontinuous Percoll gradients, as well as healthy control NDN used for hypoxia and pre-treated with varying doses of dexamethasone (0–1 µM) for 4 h, followed by treatment with resiquimod (15 µM) for 1 h. For heavy glutamine tracing studies, NDN were cultured in the presence of 2 mM U-13C\(_2\) glutamine (Cambridge). For extracellular flux analysis, cells were cultured in the presence or absence of interferon in hypoxia as above before transfer to an extracellular flux culture microplate after three hours.

Flow cytometry

Lysed whole blood, PMN and PBMC layers isolated from Percoll gradients, as well as healthy control NDN used for dexamethasone/resiquimod studies were stained with Zombie Aqua\(^\text{TM}\) Fixable viability dye (1:400) (Biolegend) to exclude dead cells from analysis. Cells were subsequently treated with Human TruStain Fe\(\text{X}^\text{TM}\) (1:100) (Biolegend) and stained for 30 min on ice with antibodies listed in Table 1 with appropriate fluorescence minus one (FMO) controls. Cells were then washed and fixed with 4% paraformaldehyde (PFA, Fisher Scientific) and acquired using BD LSRFortessa\(^\text{TM}\) flow cytometer (Beckton Dickinson). Compensation was performed using BD FACSDiva™ software version 8.0 and data analysed in FlowJo version 10.2 (WinMDI is a freely available alternative). Gating strategies to identify neutrophils, maturity and surface expression of various markers are outlined in Figure 1. Samples with neutrophil purity of <95% (CD66b+CD49d-) were excluded from analysis.

Proteomic sample preparation

NDN were centrifuged at 300 × g for 5 min at 4°C and resuspended in 7 mL of 0.2% NaCl (w/v in H\(_2\)O) for 5 min at room temperature and topped up with 7 mL of 1.6% NaCl (w/v in H\(_2\)O). Cells were washed twice in Dulbecco’s

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**Table 1. List of antibodies used for multi-panel flow cytometry and microscopy**. Detailed list of all antibodies used for flow cytometry and microscopy staining. Refer to the corresponding method details section for further information.

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Figure 1. Representative plots of the gating strategy to analyse neutrophil populations. Strategy shown in the direction of the arrows. Cells were gated for singlets on a forward scatter height (FSC-H) vs. forward scatter area (FSC-A) plot. Singlets were then gated for cells on a side scatter area (SSC-A) vs. FSC-A plot, with non-viable cells excluded according to SSC-A vs. Zombie Aqua Fixable Viability Dye parameter. Viable single cells were gated for CD66b+ cells to identify neutrophils and eosinophils excluded according to SSC-A vs. CD49d, with fluorescence minus one (FMO) controls used to set gates. CD66b+CD49d- cells (neutrophils) were gated for mature (CD16+) and immature (CD16-) neutrophils, with FMO controls used to set gate.

phosphate-buffered saline (DPBS; Thermo Fisher), pelleted at 300 g for 5 min at 4°C and resuspended in 372 µL of freshly made 5% sodium dodecyl sulfate (SDS, BioRad) lysis buffer and vortexed. Samples were then heat denatured in a heat block for 5 min at 100°C and stored at −80°C. Cell lysates were thawed and tris(2-carboxyethyl) phosphine hydrochloride (TCEP) and triethylammonium bicarbonate (TEAB) were added to a final concentration of 10 mM and 50 mM, respectively. Lysates were shaken at 500 rpm at 22°C for 5 min before being incubated at 98°C for 5 min. Samples were allowed to cool and were then sonicated with a BioRuptor (30 cycles: 30 s on and 30 s off). Tubes were centrifuged at 17,000 × g to collect the cell lysate and 1 mL of benzonase (27.8 units) was added to each sample and samples incubated at 37°C for 15 min. Samples were then alkylated with addition of 20 mM iodoacetamide for 1 h at 22°C in the dark. Protein lysates were processed for mass spectrometry using s-trap spin columns following the manufacturer’s instructions (Protifi)\(^5\). Lysates were digested with Trypsin at a ratio 1:20 (protein:enzyme) in 50 mM ammonium bicarbonate. Peptides were eluted from s-trap columns by sequentially adding 80 mL of 50 mM ammonium bicarbonate followed by 80 mL of 0.2% formic acid with a final elution using 80 mL of 50% acetonitrile + 0.2% formic acid.

Liquid chromatography–mass spectrometry (LC-MS) analysis

For each sample, 2 mg of peptide was analysed on a Q-Exactive-HF-X (Thermo Scientific) mass spectrometer coupled with a Dionex Ultimate 3000 RS (Thermo Scientific). LC buffers were the following: buffer A (0.1% formic acid in Milli-Q water (v/v)) and buffer B (80% acetonitrile and 0.1% formic acid in Milli-Q water (v/v)). 2 µg aliquot of each sample were loaded at 15 µL/min onto a trap column (100 µm × 2 cm, PepMap nanoViper C18 column, 5 µm, 100 Å, Thermo Scientific) equilibrated in 0.1% trifluoroacetic acid (TFA). The trap column was washed for 3 min at the same flow rate with 0.1% TFA then switched in-line with a Thermo Scientific, resolving C18 column (75 µm × 50 cm, PepMap RSLC C18 column, 2 µm, 100 Å). The peptides were eluted from the column at a constant flow rate of 300 nL/min with a linear gradient from 3% buffer B to
6% buffer B in 5 min, then from 6% buffer B to 35% buffer B in 115 min, and finally to 80% buffer B within 7 min. The column was then washed with 80% buffer B for 4 min and re-equilibrated in 3% buffer B for 15 min. Two blanks were run between each sample to reduce carry-over. The column was kept at a constant temperature of 50°C at all times.

The data was acquired using an easy spray source operated in positive mode with spray voltage at 1.9 kV, the capillary temperature at 250°C and the funnel RF at 60°C. The MS was operated in data-independent acquisition (DIA) mode as reported earlier with some modifications. A scan cycle comprised a full MS scan (m/z range from 350–1650, with a maximum ion injection time of 20 ms, a resolution of 120 000 and automatic gain control (AGC) value of 5 × 10⁶). MS survey scan was followed by MS/MS DIA scan events using the following parameters: default charge state of 3, resolution 30 000, maximum ion injection time 55 ms, AGC 3 × 10⁶, stepped normalized collision energy 25.5, 27 and 30, fixed first mass 200 m/z. The inclusion list (DIA windows) and windows widths are shown in Table 2. Data for both MS and MS/MS scans were acquired in profile mode. Mass accuracy was checked before the start of samples analysis.

### Analysis of proteomics data

The DIA data were analysed with Spectronaut 14 using the directDIA option (Skyline, MacCoss Lab Software is a freely available alternative). Cleavage Rules were set to Trypsin/P, Peptide maximum length was set to 52 amino acids, Peptide minimum length was set to 7 amino acids and Missed Cleavages

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set to 2. Calibration Mode was set to Automatic. Search criteria included carbamidomethylation of cysteine as a fixed modification, as well as oxidation of methionine, deamidation of asparagine and glutamine and acetylation (protein N-terminus) as variable modifications. The FDR threshold was set to 1% Q-value at both the Precursor and Protein level. The single hit definition was to Stripped sequence. The directDIA data were searched against the human SwissProt database (July 2020) and included isoforms. The Major Group Quantity was set to the Sum of peptide quantity and the Minor Group Quantity was set to the Sum of the precursor quantity; Cross Run Normalization was disabled. Fold changes and P-values were calculated in R utilising the biocductor package LIMMA version 3.7. The Q-values provided were generated in R using the “qvalue” package version 2.10.0. Estimates of protein copy numbers per cell were calculated using the histone ruler method. The mass of individual proteins was estimated using the following formula: CN x MW/NA = protein mass (g cell−1), where CN is the protein copy number, MW is the protein molecular weight (in Da) and NA is Avogadro’s Constant.

Raw mass spectrometry data files and Spectronaut analysis files have been deposited to the ProteomeXchange Consortium via the PRIDE partner repository with the dataset identifier PXD023834.

Cell immunostaining for microscopy
PMN and PBMC layers isolated from Percoll gradients were fixed with 1.5 % PFA (Fisher Scientific). Fluorescence-activated cell sorting (FACS) of NDN and LDN from PMN and PBMC layers, respectively, were performed using BD FACS Aria™ Fusion flow cytometer fitted with a 70 µm nozzle and running BD FACSDiva™ software version 8.0 (Beckton Dickinson). Singlets were gated according to forward scatter height vs. forward scatter area (FSC-H vs. FSC-A) and side scatter height vs. side scatter area (SSC-H vs. SSC-A) parameters and NDN and LDN identified according to forward vs. side scatter (FSC vs. SSC) parameters. NDN and LDN were collected at 4°C in 15 mL Falcon tubes pre-coated with DPBS (Thermo Fisher).

Cells were pelleted and blocked with Fc Receptor Blocking Solution followed by staining with anti-CD41 antibody (Biologend) and counterstaining with propidium iodide (Biologend) according to manufacturer’s guidelines. Multichamber slides (Ibidi) were used to image the samples in a confocal microscope (Leica SP8). Image acquisition was performed at 63x magnification with the same settings across all images. Fiji software was used to process the images. Scale bars depict 5 µm.

Measurement of granule protein levels
Enzyme-linked immunosorbent assay (ELISA) was performed according to manufacturer’s protocol to quantify myeloperoxidase (MPO) (Abcam, ab119605), lactoferrin (Abcam, ab108882) and elastase levels (Abcam, ab119553) in plasma from healthy donors, non-COVID-19 ARDS, COVID-19 patients and cell media supernatant of resiquimod treated NDN cultures from healthy donors (15 µM, Sigma-Aldrich). Briefly, a standard curve with known concentrations of the corresponding enzymes was generated to obtain their equivalent optical densities in a colorimetric assay. The concentration of the relevant enzymes in each sample was inferred from their optical densities by using the standard curve.

Metabolomic analysis
2.5 × 10⁶ neutrophils freshly isolated from the PMN layer of patients were centrifuged at 300 × g for 5 min at 4°C, with pellets resuspended in 100 µL of 80% methanol. Alternatively, 5 × 10⁶ NDN from healthy controls were cultured in hypoxia for 4 h in the presence or absence of IFNa/IFNβ, washed twice in ice cold saline following culture and lysed in 200 µL of 50:30:20 methanol:acetontirle:water. Following extraction, samples were stored at −80°C. Relative metabolite abundance was determined using ion-pairing reverse phase high performance liquid chromatography (RP-HPLC) or hydrophilic interaction liquid chromatography coupled to a Q-exactive Orbitrap Mass Spectrometer. Data were analysed in a targeted manner, using Xcalibur (ThermoScientific) against an in-house compound library to integrate the area under the curve at the expected retention time. Individual metabolites were expressed relative to the mean of the healthy control population and analysed in Prism 9.00 (Graphpad Software Inc).

Extracellular flux analysis
After culture, cells were harvested into sealed Eppendorfs and maintained in hypoxia for one wash in warm saline. Cells were resuspended at 3 × 10⁶/mL in XF DMEM pH 7.4 (Agilent), supplemented with 2 mM glutamine and IFNα/IFNβ added to the appropriate cells at the concentrations described previously. 3 × 10⁶ neutrophils were adhered into each well of a 24-well cell culture microplate (Agilent) pretreated with cell-tak (Corning) to give triplicate samples per condition with four wells left as media controls. After allowing CO₂ to degas for 45 min in a hypoxic incubator, the plate was loaded into a Seahorse XFe 24 Analyzer (Agilent) operated in a hypoxic chamber (3% O₂, 0.1% CO₂; SCI-tive hypoxic workstation, Baker Russkinn). Treatment compounds were resuspended in XF DMEM and cells were sequentially treated by injection of resiquimod (15 µM), glucose (10 mM, Sigma), oligomycin A (1 µM, Sigma) and 2-deoxyglucose (50 mM, Sigma). All media and compounds were pre-equilibrated in hypoxia. Data were acquired using Seahorse Wave Controller (version 2.6, Agilent) and analysed using Wave before exporting to GraphPad to pool for final analysis.

Statistical analyses
Statistical tests were performed using Prism 9.00 software (GraphPad Software Inc). Data were tested for normality using Shapiro-Wilk test and outliers excluded according to Grubb’s test, with significance testing detailed in figure legends. Significance was defined as a p value of <0.05 after correction for multiple comparisons where applicable. Sample sizes are shown in figure legends, with each n number representing a different donor.

An earlier version of this article can be found on medRxiv (doi: https://doi.org/10.1101/2020.09.15.20195305).
Results

Study population cohorts
To define the circulating neutrophil response to infection with SARS-CoV-2 we studied peripheral blood neutrophil populations isolated from hospitalised patients with moderate COVID-19 and COVID-19 ARDS, comparing these to critical care patients with non-COVID-19 ARDS and healthy controls (male, n = 4; female, n = 5; age range: 20 – 50 years) (Figure 2A)\(^3\). Patient demographic details are provided in Table 3. In accordance with the WHO COVID-19 classification, patients recruited had either moderate (clinical signs of pneumonia with oxygen saturations >90%) or critical (ARDS) COVID-19\(^4\). Patients with Berlin criteria ARDS had mean APACHE II scores of 18.1 (non-COVID-19) and 14.8 (COVID-19), respectively. Viral infections were excluded from the aetiology of non-COVID-19 ARDS. Of the 12 patients recruited with COVID-19 ARDS, nine received dexamethasone.

Circulating neutrophil populations are expanded in COVID-19 and non-COVID-19 ARDS
To explore the different neutrophil populations, flow cytometry analysis of whole blood was first performed to identify CD66b+ cells as neutrophils, with CD16 used as a marker of maturity. CD66b+CD16+ and CD66b+CD16- cells were observed, indicating the presence of a heterogenous population of mature and immature neutrophils in ARDS patients, regardless of COVID-19 status (Figure 2B). Given immature neutrophils are characteristically low-density neutrophils (LDN) and associated with disease\(^5\), flow cytometry analysis was performed on PMN and PBMC layers isolated using Percoll density gradients. Further characterisation of neutrophil maturity was undertaken by CD10 expression and showed both a mature (CD66b+CD16+CD10+) and immature (CD66b+CD16-CD10-) LDN population in the PBMC layer of non-COVID-19 and COVID-19 ARDS patients (Figure 2C). In contrast, these populations are notably absent in the PBMC layer of healthy control individuals (Figure 2C). Importantly, these LDN populations demonstrated evidence of increased activation states with loss of CD62L (Figure 2D), and upregulation of both CD66b and CD63 (Figure 2E–F). Total neutrophil counts generated from Percoll preparations showed a large expansion of neutrophils in ARDS (Figure 2G). Though a major proportion of the neutrophil population consisted of mature NDN from the PMN layer, we detected the presence of immature and mature low density neutrophil populations in ARDS patients (Figure 2H). Of note, the increase in immature LDN in the COVID-19 ARDS cohort was significantly reduced in those receiving dexamethasone despite a retained expansion of NDN and mature LDN populations (Figure 2H and Figure 2I).

Circulating neutrophils restructure their proteomes whilst retaining global cellular processes in COVID-19 and non-COVID-19 ARDS
A growing body of studies have described a disordered myeloid response following infection with SARS-CoV-2 using single cell RNA sequencing (scRNA-seq). These studies provide important insights to the reprogramming of myelopoiesis and the emergence of precursor neutrophil populations. However, there is a real need to understand how these transcriptional signatures relate to functional changes in myeloid cell responses, which requires information at a protein level. To understand changes in the functional proteome of circulating neutrophils we used a label free DIA mass spectrometry approach. Estimates of protein copy numbers per cell were calculated using the histone ruler method\(^6\), along with total cellular protein content and the mass of subcellular compartments. We compared protein abundance between non-COVID-19 ARDS, COVID-19 ARDS and healthy control neutrophil populations. Analysis of the NDN populations common to both healthy control and ARDS identified around 4500 proteins (Figure 3A), with a subtle reduction in the total protein content of COVID-19 ARDS neutrophils (Figure 3B). We observed preservation of global cellular processes across all disease groups evidenced by equivalent mitochondrial protein content, ribosomal protein content, nuclear envelope protein abundance and cytoskeletal protein abundance (Figure 3C). Key components of the translation initiation complex were also conserved across health and disease groups (Figure 3D). This would suggest that any differences observed in key neutrophil functions are not driven by a loss of core cellular processes and, therefore, more likely to be consequent upon activation of signalling pathways in response to infectious and inflammatory challenges. Globally we only detected a small number of proteins involved in transcription factor activity whose abundance was modified in response to COVID-19 (Figure 3E). These included the interferon regulated proteins TRIM22 and STAT1, which were induced in COVID-19 ARDS neutrophils and the glucocorticoid receptor NR3C1 which was down regulated.

To determine which components of the neutrophil proteome remodel in patients with COVID-19 and non-COVID-19 ARDS we undertook Linear Models for Microarray data (LIMMA) analysis to identify significant differences in protein abundance (data are available via ProteomeXchange with identifier PXD023834). We identified more than 200 proteins to be increased in abundance between COVID-19 ARDS and healthy control neutrophils which were not significantly changing in non-COVID ARDS (Figure 4A–B). Gene ontology (GO) term enrichment analysis of these differentially regulated proteins identified a COVID-19 signature which was defined by a greater abundance of proteins in type I IFN signalling pathways and platelet degranulation (Figure 4B). Change in expression of cullin 2, cyclin dependent kinase 2, minichromosome maintenance complex components (MCM3-5 and MCM7) and phosphoribosyl pyrophosphate amidotransferase, proteins associated in other cell types with cell cycle control, was common to both COVID-19 and non-COVID-19 ARDS, whilst proteins important for mitochondrial translational termination and cell surface receptor signalling pathways were enriched in non-COVID-19 ARDS samples (Figure 4B). We identified 115 proteins with reduced abundance in ARDS (all cause) versus healthy control neutrophils, including some proteins that were specific to COVID-19. However, distinct biological processes impacted by SARS-CoV-2 infection were not identified among those proteins with reduced abundance.
Figure 2. Circulating neutrophil populations are expanded in COVID-19 and non-COVID-19 ARDS. (A) Patient classification (healthy control, HC, non-COVID-19 ARDS, NA, moderate COVID-19, MC, and COVID-19 ARDS, CA), neutrophil isolation, and workflow depicted. (B) Representative side scatter (SSC) vs. forward scatter (FSC) plots of stained whole blood from HC, NA and CA displaying lymphocyte (green), monocyte (pink), mature (CD16+, orange) and immature (CD16-, blue) neutrophil populations. (C) Representative CD16 vs. CD10 dot plots of stained polymorphonuclear (PMN) and peripheral blood mononuclear cell (PBMC) layers isolated by Percoll gradients from HC, NA or CA patients, with quadrants2 (Q2) delimiting the CD16+CD10+ (mature neutrophils) area. (D–F) Surface expression of neutrophil activation markers expressed as a fold change of geometric mean fluorescence intensity (MFI) from normal density neutrophils (NDN) respective to the disease state as determined by flow cytometry analysis of mature NDN (CD66b+CD16+, open bars), mature low density neutrophils (LDN) (CD66b+CD16+, horizontal striped bars) and immature LDN (CD66b+CD16-, vertical striped bars) from NA (n = 5), MC (n = 3), or COVID-19 (n = 11; open circles, dexamethasone treated patients) patients. Data are mean ± SD. *p < 0.05, determined by repeated two-way ANOVA and Sidak’s post hoc-testing. (G) Total neutrophil counts of HC (n = 8), NA (n = 5), MC (n=3) and CA (n = 11) performed by haemocytometer and differential cell count established by flow cytometry. Data are mean ± SD. ****p < 0.0001, determined by one-way ANOVA and Holm-Sidak’s post hoc-testing. (H) The proportion of mature (CD66b+CD16+CD10+, grey bars) and immature (CD66b+CD16-CD10-, white bars) LDN isolated from patient cohorts as described in (G), with CA patients treated with dexamethasone as CD, were measured by flow cytometry. Data are mean ± SD. *p < 0.05, ***p < 0.001, determined by repeated measures two-way ANOVA and Sidak’s post hoc-testing. (I) Total LDN isolated per ml of blood processed from the cohorts as described in (G), with CA patients treated with dexamethasone as CD. Data are median ± IQR. **p< 0.01, determined by Kruksal-Wallis test and Dunn’s multiple comparisons.
Table 3. Characteristics of study groups. For disease groups, all measurements were taken at the time of trial sample unless otherwise specified. Plus-minus values are means ± SD. † For COVID-19 ARDS group, data provided for nine patients that were receiving invasive mechanical ventilation (n=8) or non-invasive ventilation (n=1) at the time of the sample. The three other patients were receiving high flow nasal oxygen at the time of the sample, so these measurements were not available. ARDS: acute respiratory distress syndrome; APACHE II: acute physiology and chronic health evaluation II; FCI: Functional Comorbidity Index; ICU: intensive care unit; PaO2: arterial partial pressure of oxygen; SpO2: peripheral oxygen saturation; PEEP: positive end-expiratory pressure.

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COVID-19 ARDS neutrophils form aggregates with platelets and activate prothrombotic pathways

A striking clinical and post-mortem observation in patients with COVID-19 is the prevalence of micro and macrovascular thrombosis. With previous evidence of NET formation together with the colocalization of neutrophils with platelets in fibrin rich clots and our identification of a platelet degranulation signature within the COVID-19 ARDS samples, this led us to question the mechanism by which neutrophils could be contributing to immune mediated thrombosis in COVID-19. NDN displayed an overall increase in proteins associated with fibrin clot formation; fibrinogen alpha, fibrinogen beta and coagulation factor XIII alpha chain (F13A1) and a failure to induce proteins that inhibit fibrin clot formation in NDN like antithrombin-III (Figure 5A). This signature was greatest in COVID-19 ARDS neutrophils (Figure 5A). We also detected a platelet protein signature indicated by the presence of the platelet proteins platelet factor 4, platelet basic protein (Figure 5B). Confocal imaging on sorted mature neutrophil populations from COVID-19 ARDS patients subsequently revealed the existence...
Figure 3. Circulating neutrophils preserve global cellular processes in both COVID-19 and non-COVID-19 ARDS. (A) Number of proteins identified by proteomic analysis in normal density neutrophils (NDN) isolated from healthy controls (HC, n = 4), non-COVID-19 ARDS patients (NA, n = 6) and COVID-19 ARDS patients (CA, n = 7), with open circles depicting the data corresponding to dexamethasone-treated patients. Refer to methods section for details. Data are mean ± SD. (B–C) Total protein content, protein content of mitochondria (GO:0005739), ribosomes (Kyoto Encyclopaedia of Genes and Genomes annotation 03010), nuclear envelope (GO:0005635) and cytoskeleton (GO:0005856) in the same samples described in (A) determined by proteomic analysis. Data as mean ± SD. (D) Abundance of components of the eIF4F translation initiation complex (figure adapted from Howden et al. 2019) in the same samples described in (A) determined by proteomic analysis. Data as mean ± SD. (E) Volcano plots reflecting the expression profile of transcription factors in the samples from CA vs. HC, and NA vs. ARDS depicted in (A) after proteomic analysis. Proteins were included with the annotation GO:0003700 (DNA binding transcription factor activity). Horizontal dashed line indicates a P value = 0.05, outer vertical dashed lines indicate a fold change = 2. P values calculated using Linear Models for Microarray data analysis. The DNA binding transcription factor proteins TRIM22, STAT1 and NR3C1 are highlighted.
Figure 4. Specific proteome remodelling in circulating neutrophils in response to COVID-19 ARDS and ARDS. (A) Volcano plots obtained from proteomic survey of normal density neutrophils (NDN) isolated from healthy controls (HC, n = 4), non-COVID-19 ARDS patients (NA, n = 6) and COVID-19 ARDS patients (CA, n = 7). Refer to methods section for details. Proteins with a P value <0.05 (horizontal dashed lines), fold change >2 (outer vertical dashed lines) and a copy number >200 in at least one condition after Linear Models for Microarray data analysis were considered as significantly different in the comparisons CA vs HC (left) and NA vs HC (right). (B) GO term enrichment analysis for proteins significantly increased in abundance in CA and NA patients vs HC. Venn diagram shows the numbers of proteins uniquely increased in abundance in CA and NA and also the number of proteins shared between these two groups. A selection of the top enriched GO terms and the corresponding proteins are shown.
Figure 5. COVID-19 ARDS neutrophils form aggregates with platelets and activate prothrombotic pathways. (A) Copy numbers of proteins that regulated fibrin clot formation in normal density neutrophils (NDN) isolated from healthy controls (HC, n = 3–4), non-COVID-19 ARDS (NA, n = 4–6), and COVID-19 ARDS (CA, n = 7, with open circles depicting the data corresponding to dexamethasone-treated patients) patients determined by proteomic analysis. For fibrinogen alpha, fibrinogen beta and antithrombin-III, data as mean ± SD, *p < 0.05, determined by Kruskal-Wallis and Dunn's post hoc-testing. For coagulation factor XIII alpha chain (F13A), data as mean ± SD. (B) Copy numbers of proteins associated with platelets in the same samples described in (A) determined by proteomic analysis. Data as mean ± SD. (C) Representative confocal images from NDN obtained from a healthy donor and LDN from a CA patient isolated by fluorescence-activated cell sorting (FACS) and stained for propidium iodide (top left panel, red) and CD41 (top right panel, green). Bright field image was used to delimit cell contour (bottom left panel, grey scale). A composite image is shown in bottom right panel. Scale bar corresponds to 5 μm, 63x magnification. (D) Percentage of NDN (open bars), mature LDN (horizontal striped bars) and immature LDN (vertical striped bars) isolated from HC (n = 6–7), NA (n = 3–5), MC (n = 3) or CA patients (n = 8–11; open circles depict dexamethasone treated patients) with surface expression of CD41. Data are median ± I.Q.R. *p < 0.05, ****p < 0.0001 vs. HC, determined by Kruskal-Wallis and Dunn's post hoc-testing. (E) Surface expression of CD11b and CD18 (Mac-1 complex) displayed as geometric mean fluorescence intensity (MFI) determined by flow cytometry analysis of neutrophil populations described in (D). Data are mean ± SD. **p < 0.01, ***p < 0.001, determined by repeated measures two-way ANOVA and Sidak's post hoc-testing; *p < 0.05 vs. HC, determined by one-way ANOVA and Holm-Sidak's post hoc-testing. (F) Surface expression of CD11b and CD18 (Mac-1 complex) expressed as a fold change of MFI of HC NDN cultured under untreated normoxic conditions (N–U) determined by flow cytometry analysis of HC NDN cultures in hypoxia under untreated conditions (H–U) or with varying doses of dexamethasone for 3 h and follow-up treatment with resiquimod for 1 h. Data are mean ± SD (n = 3–5). *p < 0.05, determined by repeated measures one-way ANOVA and Holm-Sidak's post hoc-testing.
of a direct physical association between LDN and platelets in these patients, as opposed to neutrophils from healthy donors (Figure 5C). To understand how neutrophil platelet aggregates were forming we looked for evidence of platelet activation on the neutrophil surface, and neutrophil expression of adhesion molecules involved in platelet interactions. Initial measurements for expression of CD41, a marker of platelet activation, revealed the presence of CD41 on mature LDN isolated from COVID-19 patients (Figure 5D). This coincided with a significant increase in mature neutrophil expression of the CD11b component of the Mac-1 platelet binding complex (Figure 5E). This phenotype was specific to the mature neutrophil populations, with only low-level surface expression of CD41, CD18, CD11b observed in the immature LDN population (Figure 5D–E).

Toll like receptors (TLRs) are important for viral recognition by the innate immune response. TLR family members 7 and 8 have been previously reported to enable recognition of single stranded RNA viruses including influenza and SARS-CoV-2 RNA. To directly address whether neutrophil sensing of SARS-CoV-2 RNA was important for the regulation of Mac-1, we stimulated healthy control neutrophils with TLR 7 and 8 agonist resiquimod. Additionally, hypoxic culture conditions were used to replicate the systemic hypoxia that circulating neutrophils are exposed to in patients with COVID-19 ARDS. Resiquimod up-regulated neutrophil expression of both components of the Mac-1 platelet binding complex, CD11b and CD18 (Figure 5F) replicating the observed phenotype of COVID-19. In keeping with the patient data, the addition of dexamethasone to resiquimod stimulation did not impact CD11b or CD18 expression (Figure 5F).

The presence of neutrophil platelet aggregates in patients with COVID-19 ARDS led us to question why neutrophils were binding to activated platelets, and whether there was evidence that neutrophils themselves were becoming inappropriately activated in the blood. Neutrophils express a plethora of cell surface receptors to enable them to respond to noxious stimuli. A key element of this response is the highly regulated release of cytotoxic granule proteins. However, inappropriate degranulation in the lung tissue during ARDS is associated with epithelial and vascular damage which in turn potentiates lung injury. In health, the release of toxic granules by neutrophils in the circulation is limited by the requirement of a second activation stimulus following neutrophil priming. Comparison of the proteomes of NDN populations revealed that granule cargo proteins are highly abundant and account for approximately 20% of the neutrophil protein mass (Figure 6A). In both COVID-19 and non-COVID-19 ARDS, whilst we observed an equivalent abundance of primary (CD63, CD68 and Presenilin-1), secondary (Ras related proteins 1A-B and 2A-C), secondary and tertiary (secretory carrier membrane protein 1–4, vesicle associated membrane protein 2) and specifically tertiary (solute carrier 11A1) granule membrane proteins (data are available via ProteomeXchange with identifier PXD023834), there is a relative reduction in the abundance of the granule cargo proteins within these circulating cells (Figure 6B). Survey of these individual proteases reveals these changes to be modest, but to occur across the different granule compartments and to be amplified in COVID-19 (Figure 6C–J).

To address whether this relative reduction in intra-cellular granule protein content was consequent upon neutrophil degranulation, we quantified surface expression of CD63, a protein known to be externalised upon degranulation, and CD66b, whose surface expression augments in response to degranulation. We observed a significant increase in CD63 and CD66b expression which was specific to the COVID-19 ARDS neutrophils (Figure 6K). Importantly an increase in serum levels of the neutrophil granule proteins MPO, lactoferrin and elastase in the COVID-19 ARDS patient cohort (Figure 6L) confirmed a phenotype of enhanced circulating neutrophil degranulation in the COVID-19 ARDS patient cohort, which was not impacted by dexamethasone (Figure 6M). Consistent with neutrophil sensing of SARS-CoV-2 RNA promoting activation and degranulation, stimulation of healthy control neutrophils with the TLR7 and 8 agonist resiquimod increased neutrophil shedding of CD62L and upregulated expression of CD66b and CD63 (Figure 6N). This resulted in an increase in detectable levels of the granule proteins MPO and lactoferrin in the cell culture supernatants (Figure 6O).

**Activation of neutrophil type I interferon signalling pathways and antigen presentation in COVID-19**

Type I IFN are a group of cytokines which characterise the anti-viral response but are also implicated in inflammatory disease and in malignancy. Persistent high levels of circulating type I IFN are associated with more severe disease in the late stages of disease, thought to be due to dysfunctional inflammation rather than uncontrolled viral infection. This complexity is further reflected in the divergent signals in IFN stimulated genes (ISG) described in whole blood and PBMC myeloid cell populations, where select changes in transcript abundance are used to identify specific cell clusters. Here, we report using LIMMA analysis of NDN proteomes a type I IFN signature within the COVID-19 ARDS neutrophils (Figure 4B). We therefore surveyed the abundance of proteins involved in anti-viral responses downstream of IFNα/β receptor (IFNAR). This revealed across the pathway a greater abundance of proteins important for type I IFN signalling and anti-viral responses in COVID-19 ARDS neutrophils including 2′,5′-oligoadenylate synthetase proteins which activate RNase L (Figure 7A), Eukaryotic Translation Initiation Factor 2-alpha Kinase 2 (EIF2AK) which inhibits viral transcription (Figure 7B) and the GTP binding Mx proteins which inhibit viral replication (Figure 7C).

Another important effect of IFN signalling in viral infection is to stimulate antigen presentation of intracellular (i.e. viral) antigens via the proteosome to alert T-cells to the infected cell. Analysis of the antigen presentation and processing pathway showed preserved levels of the immunoproteasome subunits in COVID-19 neutrophils (Figure 7D), but a global increase in the expression of proteins implicated in immune cell development, regulation, antigen processing and presentation (Figure 7E). These included a greater copy number of the Transporter Associated with Antigen Processing (TAP) proteins required for
Figure 6. Enhanced circulating neutrophil degranulation in COVID-19. (A) Pie charts show distribution of protein mass for proteins integrating primary, secondary or tertiary granules in healthy control (HC, n = 4), non-COVID-19 ARDS (NA, n = 6) and COVID-19 ARDS (CA, n = 7) patients. Data obtained from proteomic analysis of normal density neutrophils (NDN). (B) Membrane (grey bars) and content (white bars) granule cargo protein abundance in NDN isolated from the samples described in (A). Data are mean ± SD. *p < 0.05, determined by two-way ANOVA and Tukey's post hoc-testing. (C–J) Copy numbers of granule proteins in the samples described in (A, open circles depict dexamethasone-treated patients). For (C–E), data are mean ± SD. For (F–J), data are mean ± SD. **p < 0.01, determined by one-way ANOVA and Holm-Sidak's post hoc-testing. (K) Surface expression of CD63 and CD66b displayed as mean fluorescence intensity (MFI) determined by flow cytometry analysis of NDN isolated from HC (n = 7), NA (n = 5), moderate COVID-19 (MC, n = 3) and CA (n = 12, open circles depict dexamethasone-treated patients) patients. For CD63, data are mean ± SD. **p < 0.01, ***p < 0.001, determined by one-way ANOVA and Holm-Sidak's post hoc-testing. For CD66b, data are median ± I.Q.R. *p < 0.05, **p < 0.01, determined by Kruskal-Wallis and Dunn's post hoc-testing. (L) Granule protein levels in serum of NA (n = 6), and CA (n = 3) patients measured by ELISA represented as a fold change from HC. For myeloperoxidase (MPO), data are median ± I.Q.R. *p < 0.05, determined by Mann-Whitney test. For elastase, data are mean ± SD. *p < 0.05, determined by unpaired t-test. (M) Granule protein levels in serum of CA (n = 3), and COVID-19 ARDS dexamethasone-treated (CD, n = 5) patients measured by ELISA represented as a fold change from CA. For MPO and lactoferrin, data are mean ± SD. For elastase, data are median ± I.Q.R. (N) Surface expression of activation markers expressed as a fold change of MFI of HC NDN under untreated normoxic conditions (N–U) determined by flow cytometry analysis of HC NDN cultures in hypoxia under untreated conditions (H–U) or with resiquimod (H–R) for 1 h. Data are mean ± SD. *p < 0.05, **p < 0.01, determined by paired one-tailed t-test. (O) Granule protein levels measured in H-U and H-R HC NDN culture supernatants at 4 h by ELISA expressed as a fold change of a N-U group. Data are mean ± SD. *p < 0.05, determined by paired t-test.
Figure 7. Activation of neutrophil type I interferon signalling pathways and antigen presentation in COVID-19. (A) Copy numbers of 2',5'-oligoadenylate synthetase (OAS) proteins involved in type I IFN signalling and anti-viral responses in normal density neutrophils (NDN) isolated from healthy controls (HC, n = 4), non-COVID-19 ARDS (NA, n = 6) and COVID-19 ARDS (CA, n = 7, open circles depicting dexamethasone-treated patients) patients determined by proteomic analysis. Data are mean ± SD. *p < 0.05, **p < 0.01, ***p < 0.001, determined by one-way ANOVA and Holm-Sidak's post hoc-testing. (B) Copy numbers of EIF2AK in the same samples described in (A). Data are mean ± SD. *p < 0.05, determined by Kruskal-Wallis and Dunn's post hoc-testing. (C) Copy numbers of Mx proteins in the same samples described in (A). Data are mean ± SD. *p < 0.05, **p < 0.01, determined by one-way ANOVA and Holm-Sidak's post hoc-testing. (D) Copy numbers of PSMB proteins in the same samples described in (A). Data are mean ± SD. (E) Volcano plots (left) obtained from proteomic survey of normal density neutrophils (NDN) isolated from the samples described in (A) including a selection of proteins implicated in antigen processing and presentation and interferon signalling (GO:0002376) highlighted in red and with some of them labelled as illustrative examples. Refer to methods section for details. Proteins with a P value <0.05 (horizontal dashed lines), fold change >2 (outer vertical dashed lines) and a copy number >200 in at least one condition after Linear Models for Microarray data analysis were considered as significantly different in the comparisons CA vs HC (top) and NA vs HC (bottom). Table (right) includes a selection of proteins from the samples described in (A) involved in antigen processing and presentation or interferon signalling which significantly change in abundance in CA vs. HC (>2 fold change, p<0.05). Proteins highlighted in red show a COVID-19 specific signature and did not significantly change in non-COVID-19 ARDS alone. Mean copy numbers are shown. (F) Copy numbers of Transporter Associated with Antigen Processing (TAP) proteins in the same samples described in (A). For TAP-1, data are mean ± SD. *p < 0.05, **p < 0.01, determined by one-way ANOVA and Holm-Sidak's post hoc-testing. For TAP-2, data are mean ± SD. *p < 0.05, **p < 0.01, determined by Kruskal-Wallis and Dunn's post hoc-testing. (G) Copy numbers of major histocompatibility complex molecules in the same samples described in (A). Data are mean ± SD. *p < 0.05, **p < 0.01 determined by one-way ANOVA and Holm-Sidak's post hoc-testing.
transport into the endoplasmic reticulum for loading onto class I major histocompatibility complex (MHC) molecules (Figure 7F), and in class I MHC molecules themselves (Figure 7G).

ARDS neutrophils and type I interferon stimulated healthy neutrophils have altered metabolic profiles with enhanced glutamine utilisation

Type I IFNs have been found to drive metabolic adaptations in plasmacytoid dendritic cells (pDC) with upregulation of fatty acid oxidation and oxidative phosphorylation promoting pDC activation in response to TLR 9 agonists. To address whether neutrophils have the capacity to adapt their metabolic programs in response to type I IFN or TLR 7 and 8 activation, blood neutrophils from healthy controls were stimulated in the presence or absence of resiquimod, IFNα and IFNβ and glycolysis was assessed by extracellular flux analysis (Figure 8A). Resiquimod induced a significant uplift in glycolysis and glycolytic capacity, which was partially abrogated by the addition of type I IFNs (Figure 8A).

To further characterise the metabolic rewiring in response to type I IFN we undertook LC-MS quantification of individual metabolic intermediaries. In keeping with the real time reduction in extracellular acidification rates, IFN treated neutrophils showed a reduced lactate content (Figure 8B). This was associated with preservation of TCA cycle intermediaries including citrate, alphaketoglutarate, malate and succinate (Figure 8C) and a significant increase in the amino acid glutamate (Figure 8D). Together with (U)13C6 glutamine tracing into glutamate this would support the ability of neutrophils to substrate switch in response to exposure to type I IFN (Figure 8E).

To address whether this metabolic rewiring was observed in blood neutrophils isolated from patients with COVID-19 and non-COVID-19 ARDS we undertook LC-MS analysis of freshly isolated cells. In contrast to type I IFN stimulation of healthy control neutrophils, neutrophils from COVID-19 and non-COVID-19 ARDS patients demonstrated an increase in intracellular levels of free glucose (Figure 8F) while preserving their lactate content (Figure 8G) and TCA cycle intermediaries (Figure 8H) compared to healthy control neutrophils, suggesting these cells have equivalent glycolytic flux and TCA cycle activity. However, in keeping with the capacity of ARDS neutrophils to substrate switch, glutamate levels were elevated in both COVID-19 and non-COVID ARDS neutrophils (Figure 8I).

Discussion

ARDS continues to result in significant mortality despite considerable research endeavour. The emergence of SARS-CoV-2 infection has confounded this, with 10–20% of hospitalised patients progressing to ARDS. Urgent understanding of the immunological features specific to COVID-19 ARDS is therefore required. Moreover, the pathophysiological consequences of myeloid dysfunction as determined by scRNA-seq, mass flow cytometry and blood count studies is as yet unclear, as is the mechanism by which dexamethasone improves clinical outcomes in COVID-19 ARDS.

We therefore employed flow cytometry and mass spectrometry to characterise disease specific protein and metabolite signatures in ARDS neutrophil populations and explored their functional implications. Using this approach, we identify that the expansion of low density and normal density neutrophil populations previously observed in COVID-19 is also observed in non-COVID-19 ARDS. Whilst total cell counts are retained in patients receiving dexamethasone therapy, we report an associated contraction of immature LDN neutrophil populations. It will be important to understand moving forwards whether a key therapeutic effect of dexamethasone is the suppression of acute myelopoiesis in response to infection with SARS-CoV-2.

Proteomic survey also allowed us to highlight key processes, including activation of type I IFN responses that are distinct to COVID-19 ARDS, but more notably, processes not previously detected by scRNA-seq including platelet degranulation and the expression of proteins implicated in immune cell development, regulation, antigen processing and presentation. Importantly, these protein signatures were observed within mature NDN, suggesting this not to be a consequence of disordered myelopoiesis. It is interesting to note that MCM proteins, that are responsible for the separation of DNA and as such are conventionally associated with DNA replication, were enriched in both COVID-19 ARDS and non-COVID-19 ARDS. In the context of neutrophils, a terminally differentiated cell, this may hint to processes involved in the unravelling of DNA for NET formation rather than cell cycle control and serves as an interesting concept for further exploration.

A striking clinical divergence between COVID-19 and non-COVID-19 ARDS is the prominence of micro and macrovascular thrombosis in COVID-19 ARDS. Here, we report proteomic signatures indicative of platelet degranulation and clotting cascade activation. These observations together with evidence of neutrophil platelet binding, extend the previously reported contribution of neutrophils to the pathogenesis of immune clot formation through the release of NETs to one of TLR mediated neutrophil activation and the formation of neutrophil platelet aggregates. It is interesting to note that it is the neutrophils within the low density layer we observe by confocal microscopy to bind to platelets and to be associated with the upregulating the Mac-1 platelet binding complex in COVID-19 ARDS. Further work will be required to understand whether LDN also demonstrate a propensity for NETs formation, and whether these aggregates, previously reported in the lung tissue at post-mortem, impair neutrophil transmigration and directly contribute to vascular damage and to the formation of microthrombi.

It will also be important to dissect whether the uplift in expression of proteins associated with fibrin clot formation in COVID-19 ARDS is consequent upon intrinsic neutrophil expression of these proteins, neutrophil processing of platelet proteins or reflective of adherent platelets contributing to the protein signatures of the circulating neutrophil populations.

The importance of neutrophil activation of type I IFN signalling pathways in COVID-19 ARDS also requires further consideration given the disconnect between tissue injury and viral detection. The ability of neutrophils to cross-present exogenous antigens to CD8+ T cells has previously been reported and is highly relevant for T cell priming in vivo. This may be particularly relevant in a disease where early CD4+ and
Figure 8. Metabolic rewiring of COVID-19 ARDS neutrophils correspond to changes in neutrophil metabolism in response to type I interferon. (A) Glycolytic behaviour as determined by extracellular flux analysis during the glycolysis stress test in hypoxia (3% O₂). HC NDN were cultured in hypoxia (1% O₂) with IFNα/ IFNβ (IFN) or without (UT) for 3 h before sequential injections of resiquimod (RES), glucose (G), oligomycin A (OA) and 2-deoxyglucose (2DG) and extracellular acidification rate (ECAR) determined and used to calculate glycolysis and glycolytic capacity (Glyc. Cap.). Data are mean ± SD (n = 5, individual data points represent mean of at least two technical replicates from individual donors). *p < 0.05, **p < 0.01, determined by repeated measures one ANOVA and Tukey’s post hoc-testing. (B–D) Lactate (B), TCA intermediaries (C) and glutamate (D) abundance in neutrophils cultured in hypoxia for 4 hours with IFNα/ IFNβ (H-I/spotted bars) or without (H-U/open bars) as determined by hydrophilic interaction liquid chromatography–mass spectrometry (p-HILIC LC-MS). Data are mean ± SD (n = 4, individual data points represent individual donors). *p < 0.05, **p < 0.01 determined by paired t-test. (E) Glutamine and glutamate isotopomer abundance (Arbitrary Units, AU) as determined by p-HILIC LC-MS in neutrophils cultured as in (B–D) in the prescence of 2 mM U-13C5 glutamine for 4 h. Individual data points represent individual donors, n = 4. Data are mean ± SD. *p<0.05, determined by paired t-test. (F–I) D-glucose (F), lactate (G), TCA intermediary (H) and glutamate (I) abundance in normal density neutrophils (NDN) isolated from healthy controls (HC/open bars, n = 5) and patients with non-COVID-19 ARDS (NA/spotted bars, n = 6) or COVID-19 ARDS (CA/diagonal striped bars, n = 9 with six patients receiving dexamethasone treatment indicated by open symbols) was determined by ion pair LC-MS (arbitrary units, AU). Data are mean ± SD (F, G and I) or median ± I.Q.R (H). HC, NA and CA were compared by student’s t-test (F, G and I) or Mann-Whitney (H) where *p < 0.05 and **p < 0.01.
assays would

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... their glycolytic potential. Together with an increase in detectable levels of glutamate in neutrophils isolated from patients with COVID-19 ARDS, and existing evidence that neutrophils can undergo gluconeogenesis, this raises the interesting possibility that ARDS neutrophils re-wire their metabolic processes to facilitate ongoing inflammatory responses which may be detrimental to the host. Future work will be required to better understand whether these metabolic changes potentiate anti-viral and pro-inflammatory innate immune responses following viral challenge. Of interest small molecules already exist for targeting glutamine utilisation and have been trialled in the cancer setting, raising the possibility of metabolic drug repurposing for the treatment of COVID-19.

Finally, the mechanism by which type I IFN regulates neutrophil behaviour remains to be fully elucidated. In pDC, TLR 9 mediated activation is dependent upon autocrine production of type I IFNs and an increase in oxidative metabolism. Neutrophils are unique in their reliance on non-oxidative metabolism for ATP production, even when oxygen is freely available. It is therefore of interest that in response to IFNα and IFNβ, neutrophils rewire their metabolic programme by reducing their glycolytic potential. Together with an increase in detectable levels of glutamate in neutrophils isolated from patients with COVID-19 ARDS, and existing evidence that neutrophils can undergo gluconeogenesis, this raises the interesting possibility that ARDS neutrophils re-wire their metabolic processes to facilitate ongoing inflammatory responses which may be detrimental to the host. Future work will be required to better understand whether these metabolic changes potentiate anti-viral and pro-inflammatory innate immune responses following viral challenge. Of interest small molecules already exist for targeting glutamine utilisation and have been trialled in the cancer setting, raising the possibility of metabolic drug repurposing for the treatment of COVID-19.

In summary, using mass spectrometry we describe pathophysiological protein and metabolic neutrophil signatures that are common to ARDS and those distinct to COVID-19 ARDS. We identify a type I IFN response in COVID-19 ARDS neutrophils which is associated with metabolic rewiring, neutrophil degranulation and the formation of neutrophil platelet aggregates in the blood which persist irrespective of dexamethasone treatment. A clear limitation of this study is the relatively small number of patients recruited. This is balanced against the detailed analysis we have been able to perform in these patient groups and the move towards functional dissection of neutrophil responses not previously captured in transcriptional data sets. Further understanding of the mechanisms which regulate aberrant neutrophil responses will likely be important in developing strategies to target the innate responses following infection with SARS-CoV-2 to enable an effective therapeutic arsenal for COVID-19 ARDS.

Data availability

PRIDE: Raw mass spectrometry data files and Spectronaut analysis files have been deposited to the ProteomeXchange Consortium via the PRIDE partner repository, Accession number PXD023834: https://identifiers.org/pride:project:PXD023834.


This project contains the following underlying data:

- Exp data_interferon_metabolites.csv (metabolite abundance data for each patient)
- Exp data_interferon_seahorse_kinetic.csv (Seahorse kinetic data)
- Exp data_interferon_seahorse_parameters.csv (Seahorse parameter data)
- Figure 2D.csv - Figure 6O.csv (ELISA and flow cytometry data underlying corresponding figures)
- Flow_cytometry_fcs.zip (folder containing raw flow cytometry data in FCS format)
- Confocal.zip (folder containing original unedited microscopy images files in TIF format and flow cytometry data in FCS format underlying Figure 5C)
- Patient demographic.docx (patient demographic data)
- Proteomics_dataset.csv (proteomic data for each patient)

Data are available under the terms of the Creative Commons Attribution 4.0 International license (CC-BY 4.0).

Acknowledgements

We thank the CIR blood resource (AMREC no. 15-HV-013) for the recruitment of blood from healthy donors and the clinical support teams, patients and their families who have contributed to this study. Many thanks to the QMRI Flow Cytometry & Cell Sorting Facility, Edinburgh University (Will Ramsay and Mari Pattison) and CALM Facility, Edinburgh University (Rolly Wiegand and Kseniya Korobchevskaya) for their expertise and assistance. The individuals listed here have acknowledged and given permission for their names and affiliations to be included.
References


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This study explores the changes in neutrophils during ARDS and, more specifically, the differences in neutrophils between covid-ARDS and ARDS of other causes. The neutrophil changes are measured using several assays, including flow cytometry, liquid chromatography–mass spectrometry (LC-MS), immunochemistry, and biochemistry with a focus on metabolic changes. While exploratory in nature, the study generates a number of interesting hypotheses that would be tested in further studies.

A major limitation of the study is the small size of the patient cohort. While the fraction of the covid positive patient who end with complications and death is relatively small, a larger number of subjects is needed in order to avoid any bias in the results. The presence of a larger number of low-density neutrophils (LDN) in covid-ARDS vs. non-covid-ARDS is interpreted as a stimulation of the myeloid production in the bone marrow that releases a larger than normal fraction of immature neutrophils. Further support to this hypothesis is provided by the observation that prednisone treatment reduces the proportion of LDN. Moreover, the expression of surface markers is also presented as being consistent with the presence of immature neutrophils in the circulation. Although interesting, these findings represent just one snap-shot in the evolution of the disease. A longitudinal study that observes the progression of the neutrophil subpopulation changes would be helpful in revealing how long after the SARS-CoV2 infection these changes can be detected and if the neutrophil changes can be measured before or after the ARDS is diagnosed.

The study also finds that the neutrophils in circulation are more activated in covid than in non-covid ARDS patients. This finding is supported by proteomic data and a more detailed analysis points out the activation of IFN I pathways in covid-ARDS neutrophils, which is consistent with the viral origin of the condition. This finding is also supported by the immunochemistry of the neutrophil granules, and the analysis of metabolic changes. Overall, these findings are intriguing
because they would suggest that other stimuli activating the neutrophils play a smaller role in changing the neutrophil phenotypes. A limitation of this analysis is the small number of samples analyzed.

One of the most intriguing results reported in this study is that of the neutrophil-platelet aggregates. This finding may be potentially relevant to the higher rate of clotting observed in covid patients. However, this finding was not supported by results with the same level of detail as the other findings. The results presented are mostly qualitative, and, when quantitative measurements are performed, the variability within groups is often larger than the difference between groups. Thus, the interpretation of the results may be more interesting in the context of the disease severity; for example, were the patients with more neutrophil-platelet aggregates more likely to have complications than those with less. To overcome the issues due to the small cohort of patients enrolled in the study, the stratification of the patients based on disease severity, irrespective of the covid status may be more interesting. A larger study may also address other important issues, including the effect of neutrophil-platelet aggregation on 1. The activity of neutrophils, including their motility and 2. The activation of the platelets and the formation of small thrombi.

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Yes

If applicable, is the statistical analysis and its interpretation appropriate?
Yes

Are all the source data underlying the results available to ensure full reproducibility?
Yes

Are the conclusions drawn adequately supported by the results?
Partly

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: design of assays for neutrophil functional changes in patients

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 12 May 2021
Sarah Walmsley, University of Edinburgh, Edinburgh, UK
We would like to thank the reviewer for their interest in our work. We completely agree that this work is limited by the study size, but were keen to share our observations given the biological implications of some of our findings. A longitudinal study would certainly be one way to delineate how neutrophil populations relate to disease progression and severity. The activation phenotype observed in COVID-ARDS and the formation of neutrophil-platelet aggregates we also find to be intriguing and absolutely agree that further work to delineate the effect of neutrophil-platelet aggregation on key neutrophil functions including their activity, motility and consequence for thrombus formation is worthy of further study.

**Competing Interests:** No competing interests were disclosed.

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Review Report 10 May 2021

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**Attila Mocsai**

Department of Physiology, Semmelweis University School of Medicine, Budapest, Hungary

In this manuscript, Reyes et al. test various aspects of neutrophil biology in COVID-19-related and non-COVID acute respiratory distress syndrome using an unbiased proteomic and metabolomic analysis of peripheral blood neutrophils, along with parallel samples of healthy control and moderate COVID-19 patients. The authors reveal that COVID-related ARDS is characterized by neutrophil signatures indicating Type I interferon responsiveness, neutrophil degranulation, neutrophil-platelet aggregates and metabolic changes.

The authors' approach of proteomic and metabolic analyses provides important novel addition to the existing literature given that neutrophils are transcriptionally silent cells and are therefore underrepresented in gene expression (e.g. scRNASeq) studies. The experiments are appropriately designed and carefully conducted. Though the subject of the manuscript is of clear interest, the depth of the study is somewhat limited, given the small patient cohort sizes and the lack of further in-depth mechanistic studies (as mentioned by the authors at the end of the Discussion). This applies particularly to the analysis of dexamethasone treatment. Taken together, this is an important, although somewhat descriptive study on the possible contribution of neutrophils to COVID-19 pathogenesis.

**Specific comments:**

1. Although the authors had four different groups (HC, NA, MC, CA; not mentioning CD here), they somewhat randomly select the results of which groups to show or not to show. This makes the study somewhat unbalanced. The authors should either show the results of all groups or provide a rationale for why one or more groups have been excluded from certain experiments.
2. To what extent may the observed metabolic changes be related to changes in neutrophil-platelet aggregation?

3. The authors should make a more definitive distinction between components of the platelet activation and coagulation cascades. Though they are related to each other, they are two mechanistically different aspects of hemostasis.

4. Fig 2C is a bit difficult to follow. The authors should consider showing the different samples in separate dot-plots.

Is the work clearly and accurately presented and does it cite the current literature?
Partly

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Yes

If applicable, is the statistical analysis and its interpretation appropriate?
Yes

Are all the source data underlying the results available to ensure full reproducibility?
Yes

Are the conclusions drawn adequately supported by the results?
Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: neutrophil biology, inflammation

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 10 May 2021
Sarah Walmsley, University of Edinburgh, Edinburgh, UK

We would like to thank the reviewer for their interest in our work and to address each of the points raised below. We agree that the work is limited by sample size and that future mechanistic studies will be important moving forwards.

Specific comments:
Although the authors had four different groups (HC, NA, MC, CA; not mentioning CD here), they somewhat randomly select the results of which groups to show or not to show. This makes the study somewhat unbalanced. The authors should either show the results of all groups or provide a rationale for why one or more groups have been excluded from certain experiments.

We apologise for any lack of clarity as to the data sets shown. Initial flow counts and surface phenotyping were shown for each of the disease / severity and dexamethasone treatment groups. The focus of this program of work was to map the molecular basis for neutrophil reprogramming in the distinct clinical entities of COVID-19 ARDS and non-COVID ARDS, irrespective of different therapeutic strategies. For this reason, further dissection of MC was not-undertaken and CA and CD were grouped for proteomic and metabolomic analysis.

To what extent may the observed metabolic changes be related to changes in neutrophil-platelet aggregation?

It is interesting to question whether neutrophil-platelet aggregation results in a degree of metabolic reprogramming of neutrophils or vice versa. The metabolic rewiring following neutrophil stimulation with type 1 IFNS in hypoxic cell culture, would appear in part to be independent of the formation of these aggregates as these experiments were conducted with healthy control blood neutrophils in platelet free culture conditions, verified by absence of CD41 (Figure 5C).

The authors should make a more definitive distinction between components of the platelet activation and coagulation cascades. Though they are related to each other, they are two mechanistically different aspects of hemostasis.

We apologise for any confusion caused. The reason for retaining this grouping, was that as currently stands, we are unable to ascribe which of these proteins are platelet derived, and which are neutrophil derived with evidence that in murine models airspace recovered inflammatory neutrophils can themselves express some of these critical proteins (Watts et al. JCI 2021). The terms of reference used in figure 4 relate to specific GO terms enriched within the different disease groups.

Fig 2C is a bit difficult to follow. The authors should consider showing the different samples in separate dot-plots.

We apologise and now provide separate plots.

**Competing Interests:** No competing interests were disclosed.
General comments

This manuscript focuses on neutrophil state of activation in patients suffering from COVID-19-associated ARDS. Several reports have well demonstrated the key role of neutrophils during this condition but little is known about their functional disturbance.

The aim of the study is to compare neutrophil populations in patients with COVID-19 ARDS to those of patients with non COVID-19 ARDS, moderate COVID and healthy controls. Of interest, the authors have studied the effect of dexamethasone on neutrophil parameters.

Several aspects of neutrophil biology are covered including flow cytometry analysis of membrane marker phenotyping, proteomic and metabolomic analysis in a restricted number of patients which, as mentioned by the authors, represents a limiting aspect of the study. The methodology are carefully described. Overall the experiments reported have been well designed and performed. However, I have several issues and some potential suggestions that I would like to mention.

This manuscript is a valuable study. It provides novel tracks of research on neutrophils in COVID-19 that will need to be investigated in more details to elucidate the underlying molecular mechanisms.

1) Analysis of membrane markers in NDN and in LDN : relative importance of LDN

The authors have determined the neutrophil phenotype in normal density neutrophils (NDP) and in low density neutrophils (LDN) isolated from the PBMC fraction which are supposed to be immature neutrophils generated during emergency hematopoiesis. These LDN have been described in different inflammatory conditions.

Although ARDS is associated with a severe neutrophil-dominated inflammation, the fraction of LDN in the blood of patients from the NA or the CA group is rather small since it is not significantly increased as compared to controls (in which basically no LDN could be detected). Surprisingly, the LDN fraction is increased after dexamethasone treatment in the CA group.

The authors also observed that only a small fraction of LDN could be considered as immature neutrophils with a CD66bhigh-CD16low-CD10low phenotype.

It might be useful to the reader to note that CD16 is not only a marker of maturity but could also be considered as a marker of activation or apoptosis.

2) Activation state in different subtypes of neutrophils : LDN versus NDN versus whole blood analysis

In Figure 2, the authors observe that NDN do not display an activated phenotype since no modulation of CD62L or CD63 (calculated as fold change with controls) is observed. This
conclusion is different in Figure 6K, in which the FACS data are expressed in MFI. This discrepancy requires clarification.

In contrast, the authors show a decreased CD62L in LDN which is significant only in immature LDN CD66bhigh-CD16low-CD10-low in all types of patients.

However, as I mentioned previously, this LDN fraction is rather small representing less than 2 to 5% (although this is higher in CA around 10% without being significantly different from the other groups either NA and MC).

If one consider that the population of CD66bhigh-CD16low-CD10-low could be involved in the pathogenesis of COVID-19 it might be relevant to quantify this population within whole blood. Maybe authors could show the data for each marker measured within whole blood in different groups with the percentage and the MFI.

It could be important to question whether this non abundant sub-population of immature LDN could be physiologically relevant. Taken together the role of LDN in the pathogenesis of ARDS in COVID-19 might not be prominent. The authors might discuss this issue.

3) Analysis of dexamethasone effect

The authors show that dexamethasone treatment increases the percentage of mature LDN (Figure 2H). It could be informative to have the number of treated patients.

In each patient, does dexamethasone affect both the percentage and/or the maturity state of LDN?

It would also be more informative to display the data for each patients to see if the decrease of immature LDN occurs in all the cases (instead of showing an histogram).

4) Proteomic analysis of expression of coagulation-related proteins in neutrophils

The authors have observed several modifications of protein abundance using the label free mass spectrometry analysis.

Although this analysis can give a quantitative view of each protein, the expression of specific proteins should be studied by Western blot analysis. It is not clear whether the mass spectrometry analysis would detect cleaved protein or whether only one isoform could be down or up-regulated.

Western blot analysis is specially important for the proteins involved in fibrin clot formation which might be involved in the pathogenesis of COVID-19.

Interestingly, the authors show that proteins involved in coagulation in neutrophils from dexamethasone-treated patients do not seem to be different from those of untreated patients when evaluated by proteomic analysis using the relative abundance.
To strengthen this conclusion, it could be useful to do Western blot analysis of each patient (dexamethasone and untreated group should be analyzed) and to quantify the expression of this coagulation-related proteins with a control protein (actin or other non modulated protein). Dexamethasone might indeed modify the profil of these proteins by inducing post-translational modifications or cleavage in some of these proteins. This could be part of its potential anti-inflammatory activity.

5) Expression of proteins involved in coagulation- expression of CD41 on neutrophils
In Figure 5C, the authors observe an increased expression of CD41 which is a marker of platelet activation. What are the mechanisms of CD41 expression on neutrophils? Is it a transfer of membrane from platelets or platelets or soluble CD41? Do activated platelets associate more easily on neutrophils from COVID patients?

The authors show some modulation of proteins that can bind coagulation proteins. Figure 5E shows that CD11b is increased in NDN both in NDN and CA and this is evaluated by MFI values. This representation is difficult to compare with the data expressed in fold changes displayed in Figure 5F. Could the authors use the same method to express the results?

Figure 5D shows that the expression of CD41 is significantly higher in NDN from mild COVID (MC) patients who do not experience ARDS or any thrombotic complications. In contrast, no increase in CD41 is observed in NDN from CA patients who are at risk of developing thrombotic complications.

In addition, the authors show that CD41 is significantly increased in mature LDN both in MC and in CA. Since the proportion of mature LDN is not very important (less than 5% in MC and CA) in the neutrophil population, the pathophysiological relevance of this observation is questionable. It seems that variation of CD41 is not associated with the clinical state of COVID patients because it is observed in both MC and CA. Maybe the authors could comment on this.

It is not mentioned (or no clearly enough) if the LDN from CA are mature or immature in Figure 5C.

In the Figure 5, there is no panel showing the effect of resiquinod which activate TLR7 and TLR8 (although it is mentionned in the legend). In the text, the authors describe that this results in upregulation of CD11b and CD18. The author should include the missing panel.

6) Evaluation of degranulation of neutrophils

As mentionned above, in Figure 6K, the authors report an increase in CD63 and CD66b membrane expression in CA whereas this increased is not significant on the data presented in Figure 2F expressed in fold changes. Are the same patients included? What should we conclude because there are two opposite comments after analysis of the same dataset? The authors should clarify this discrepancy.

In Figure 6N, the data depicting the effect of resiquinod on neutrophils from healthy controls under hypoxia are not shown although they are mentioned in the legend and in the text. Again, the author should include the missing panel.
The panel 6L showing plasma concentration of MPO, lactoferrin and elastase would be more convincing with more than 3 patients.

7) Metabolic analysis

The metabolic analysis and the observation of a disturbance in neutrophil metabolism in COVID patients is very interesting but it seems that some additional experiments would clarify the message.

In Figure 8, the authors show that resiquinod can modify the metabolic profile of neutrophils from healthy controls by increasing glycolysis and this is decreased by type I IFN. What is the effect of TypeI IFN alone on glycolysis? Is glycolysis increased only by the combination resiquinod and type I IFN?

The authors show that type I IFN decrease lactate under hypoxic conditions. Does that mean that glycolysis is decreased in the absence of activation of TLR7 and 8 by resiquinod? Could the authors show the analysis of glycolysis using the see horse technology to compare with the data shown in Figure 8A?

In contrast, type I IFN did not affect the levels of TCA intermediates but increased the level of glutamate. Is the intracellular glucose affected?

The metabolic analysis of neutrophils in Covid patients show that there is no modulation of lactate but an increase in intracellular glucose. This is why is could be important to measure intracellular glucose in the neutrophils of healthy controls stimulated by resiquinod in the presence or absence of type I IFN. Interestingly, the authors show an increase in glutamate levels in ARDS patients both in NA and in CA suggesting that this metabolic change is more related to an adaptation of neutrophils to ARDS but is not specific of COVID-19 ARDS.

It could be relevant to have similar representation of glutamate amounts in the different experiments: in Figure 8I it is expressed in abundance (?) and in Figure 8D performed in healthy controls it is expressed in fold changes.

To make the data consistent and get a clear picture of the metabolic changes that could occur in neutrophils from ARDS patients I would suggest to measure the glutamate abundance in neutrophils from heathy donors stimulated by either resiquinod in the presence or absence of type I IFN.

Same suggestion applies to the analysis of glycolysis and glucose abundance.

General comment:

Figures 5, 6 and 7 are very hard to understand because the size of the text is too small. This should be modified in order to make this figure readable.

Is the work clearly and accurately presented and does it cite the current literature?

Yes
Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Yes

If applicable, is the statistical analysis and its interpretation appropriate?
Yes

Are all the source data underlying the results available to ensure full reproducibility?
Yes

Are the conclusions drawn adequately supported by the results?
Partly

**Competing Interests:** No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 11 May 2021

*Sarah Walmsley*, University of Edinburgh, Edinburgh, UK

**General comments**

This manuscript focuses on neutrophil state of activation in patients suffering from COVID-19-associated ARDS. Several reports have well demonstrated the key role of neutrophils during this condition but little is known about their functional disturbance.

The aim of the study is to compare neutrophil populations in patients with COVID-19 ARDS to those of patients with non COVID-19 ARDS, moderate COVID and healthy controls. Of interest, the authors have studied the effect of dexamethasone on neutrophil parameters.

Several aspects of neutrophil biology are covered including flow cytometry analysis of membrane marker phenotyping, proteomic and metabolomic analysis in a restricted number of patients which, as mentioned by the authors, represents a limiting aspect of the study. The methodology are carefully described. Overall the experiments reported have been well designed and performed. However, I have several issues and some potential suggestions that I would like to mention.

This manuscript is a valuable study. It provides novel tracks of research on neutrophils in COVID-19 that will need to be investigated in more details to elucidate the underlying molecular mechanisms.

*We would like to thank the reviewer for their interest in our work and to address each of the...*
points raised below.

1) Analysis of membrane markers in NDN and in LDN: relative importance of LDN

The authors have determined the neutrophil phenotype in normal density neutrophils (NDP) and in low density neutrophils (LDN) isolated from the PBMC fraction which are supposed to be immature neutrophils generated during emergency hematopoiesis. These LDN have been described in different inflammatory conditions.

Although ARDS is associated with a severe neutrophil-dominated inflammation, the fraction of LDN in the blood of patients from the NA or the CA group is rather small since it is not significantly increased as compared to controls (in which basically no LDN could be detected). Surprisingly, the LDN fraction is increased after dexamethasone treatment in the CA group.

The authors also observed that only a small fraction of LDN could be considered as immature neutrophils with a CD66bhigh-CD16low-CD10low phenotype.

It might be useful to the reader to note that CD16 is not only a marker of maturity but could also be considered as a marker of activation or apoptosis.

We agree that there are very low numbers of low-density neutrophils. In NA LDN (immature and mature) account for 7% of the total neutrophil population, which is further increased to 23% considering all COVID-19 ARDS patients regardless of dexamethasone treatment. This shift in neutrophil populations is further amplified by the increase in the absolute number of circulating neutrophils in patients with NA and CA, resulting in a significant increase in the absolute number of circulating LDN (new figure 2I).

We agree, it is of interest that dexamethasone treatment results in an increase in the LDN fraction in CA.

With respect to the markers of neutrophil maturity, we absolutely agree that CD16 has previously been reported as a marker of activation / apoptosis, hence our inclusion of an extra marker of maturity, CD10. In this setting, CD16 expression parallels the expression of CD10 in circulating neutrophil populations.

2) Activation state in different subtypes of neutrophils: LDN versus NDN versus whole blood analysis

In Figure 2, the authors observe that NDN do not display an activated phenotype since no modulation of CD62L or CD63 (calculated as fold change with controls) is observed. This conclusion is different in Figure 6K, in which the Facs data are expressed in MFI. This discrepancy requires clarification.

In contrast, the authors show a decreased CD62L in LDN which is significant only in
immature LDN CD66bhigh-CD16low-CD10-low in all types of patients.

However, as I mentioned previously, this LDN fraction is rather small representing less than 2 to 5% (although this is higher in CA around 10% without being significantly different from the other groups either NA and MC).

We apologise for any confusion caused. In figure 2 D-F we are comparing expression between LDN and NDN, and the data provided is fold change to NDN populations within each disease state. This analysis does not identify changes in NDN populations between disease groups, which is provided in figure 6K. All raw data including MFI values have been provided as data uploads to accompany the manuscript. As detailed in response to point 1 above, LDN account for 23% of the total PMN population considering all COVID-19 ARDS patients regardless of dexamethasone treatment, and a substantial increase in total numbers given their abundance in these patients (see new figure 2I).

If one consider that the population of CD66bhigh-CD16low-CD10-low could be involved in the pathogenesis of COVID-19 it might be relevant to quantify this population within whole blood.

Maybe authors could show the data for each marker measured within whole blood in different groups with the percentage and the MFI.

Please see new figure 2I above re total LDN counts. Raw MFI values have been uploaded for every figure set within the materials that accompany this article. We do not have MFI values for every surface marker used within the whole blood, as this staining was undertaken on LDN and NDN populations post percoll purification. There are currently no specific surface markers that enable identification of LDN sub populations.

It could be important to question whether this non abundant sub-population of immature LDN could be physiologically relevant. Taken together the role of LDN in the pathogenesis of ARDS in COVID-19 might not be prominent. The authors might discuss this issue.

In light of the details provided above, we would argue that LDNs do significantly contribute to the circulating neutrophil pool. We absolutely agree that future work is required to further dissect the importance of this sub-population of neutrophils to disease pathogenesis.

3) Analysis of dexamethasone effect

The authors show that dexamethasone treatment increases the percentage of mature LDN (Figure 2H). It could be informative to have the number of treated patients.

There were n=5 dexamethasone treated CA patients.

In each patient, does dexamethasone affect both the percentage and/or the maturity state
For clarification, we do not have paired data from the same individual pre and post dexamethasone. Patients with CA received dexamethasone therapy once clinical criteria were met and prior to transfer to critical care for ventilatory support for ARDS.

It would also be more informative to display the data for each patients to see if the decrease of immature LDN occurs in all the cases (instead of showing an histogram).

Please see comment above.

4) Proteomic analysis of expression of coagulation-related proteins in neutrophils

The authors have observed several modifications of protein abundance using the label free mass spectrometry analysis.

Although this analysis can give a quantitative view of each protein, the expression of specific proteins should be studied by Western blot analysis. It is not clear whether the mass spectrometry analysis would detect cleaved protein or whether only one isoform could be down or up-regulated.

Western blot analysis is specially important for the proteins involved in fibrin clot formation which might be involved in the pathogenesis of COVID-19.

Interestingly, the authors show that proteins involved in coagulation in neutrophils from dexamethasone-treated patients do not seem to be different from those of untreated patients when evaluated by proteomic analysis using the relative abundance.

To strengthen this conclusion, it could be useful to do Western blot analysis of each patient (dexamethasone and untreated group should be analyzed) and to quantify the expression of this coagulation-related proteins with a control protein (actin or other non modulated protein). Dexamethasone might indeed modify the profil of these proteins by inducing post-translational modifications or cleavage in some of these proteins. This could be part of its potential anti-inflammatory activity.

It was not feasible with the limited number of neutrophils obtained from each patient to perform western blots for the proteins of interest identified. We have tried, where possible, to validate functional changes using flow cytometry and immunofluorescence (IF). Importantly, label free DIA mass spectrometry allowed us to quantify absolute protein abundance and provided a platform for unbiased analysis of the factors which differentiate healthy from CA and NA neutrophil populations. We agree that it would be of interest to explore whether dexamethasone induces post translational modifications, but this falls out with the scope of this manuscript.

5) Expression of proteins involved in coagulation- expression of CD41 on neutrophils

In Figure 5C, the authors observe an increased expression of CD41 which is a marker of platelet activation. What are the mechanisms of CD41 expression on neutrophils? Is it a transfer of membrane from platelets or platelets or soluble CD41? Do activated platelets...
associate more easily on neutrophils from COVID patients?

We do not have any direct evidence that neutrophils themselves are expressing CD41. We do provide direct evidence of platelet neutrophil co-localisation (Figure 5C). It is interesting to question whether activated platelets more readily co-localise with neutrophils.

The authors show some modulation of proteins that can bind coagulation proteins. Figure 5E shows that CD11b is increased in NDN both in NDN and CA and this is evaluated by MFI values. This representation is difficult to compare with the data expressed in fold changes displayed in Figure 5F. Could the authors use the same method to express the results?

Apologies for any confusion caused. Where in vitro culture of cells was undertaken, to allow for variability in mean fluorescent intensities (MFI) (normoxic unstimulated N-U) from different donors, we compared the effects of dexamethasone back to baseline untreated normoxic MFI values for each donor (Figure 5F).

Figure 5D shows that the expression of CD41 is significantly higher in NDN from mild COVID (MC) patients who do not experience ARDS or any thrombotic complications. In contrast, no increase in CD41 is observed in NDN from CA patients who are at risk of developing thrombotic complications.

In addition, the authors show that CD41 is significantly increased in mature LDN both in MC and in CA. Since the proportion of mature LDN is not very important (less than 5% in MC and CA) in the neutrophil population, the pathophysiological relevance of this observation is questionable. It seems that variation of CD41 is not associated with the clinical state of COVID patients because it is observed in both MC and CA. Maybe the authors could comment on this.

In light of the details provided above, we would argue that LDN do significantly contribute to the circulating neutrophil pool (23 %), with the absolute number of LDN substantially elevated in CA. We agree that there is also increased expression in MC and consequently elevated CD41 is a feature of moderate to severe COVID-19 disease, but not ARDS all cause. Future work exploring expression in mild and asymptomatic disease would be of interest in this regard.

It is not mentioned (or no clearly enough) if the LDN from CA are mature or immature in Figure 5C.

We have been unable to successfully undertake CD16 IF due to technical limitations. Nevertheless, we postulate that the neutrophils stained in Figure 5C are mature neutrophils given their multilobulated nuclear appearance, a characteristic feature of mature neutrophils.

In the Figure 5, there is no panel showing the effect of resiquinod which activate TLR7 and TLR8 (although it is mentionned in the legend). In the text, the authors describe that this results in upregulation of CD11b and CD18. The author should include the missing panel.
6) Evaluation of degranulation of neutrophils

As mentioned above, in Figure 6K, the authors report an increase in CD63 and CD66b membrane expression in CA whereas this increase is not significant on the data presented in Figure 2F expressed in fold changes. Are the same patients included? What should we conclude because there are two opposite comments after analysis of the same dataset? The authors should clarify this discrepancy.

Apologies for any confusion caused. The data presented in Figure 2F and Figure 6K are of the same patients. As detailed above, in Figure 2F, we are comparing expression between LDN and NDN, and the data provided is fold change to NDN populations within each disease state. This analysis does not identify changes in NDN populations between disease groups, which is provided in Figure 6K.

In Figure 6N, the data depicting the effect of resiquimod on neutrophils from healthy controls under hypoxia are not shown although they are mentioned in the legend and in the text. Again, the author should include the missing panel.

Apologies for any confusion caused. Data in Figure 6N are neutrophils treated in hypoxia with resiquimod (H-R) or without resiquimod (H-U), fold-changed to a normoxic untreated control.

The panel 6L showing plasma concentration of MPO, lactoferrin and elastase would be more convincing with more than 3 patients.

As highlighted in our discussion, we acknowledge the relatively small number of patients as a limitation of our study and thus agree that an increase in n number would strengthen our conclusions.

7) Metabolic analysis

The metabolic analysis and the observation of a disturbance in neutrophil metabolism in COVID patients is very interesting but it seems that some additional experiments would clarify the message.

In Figure 8, the authors show that resiquimod can modify the metabolic profile of neutrophils from healthy controls by increasing glycolysis and this is decreased by type I IFN. What is the effect of TypeI IFN alone on glycolysis? Is glycolysis increased only by the combination resiquimod and type I IFN?

In initial experiments under normoxic conditions, IFN alone does not modify glycolytic uplift following activation with fMLP as measured by seahorse. For the manuscript, we used TLR activation with resiquimod to parallel physiological states in COVID-19 disease and in light of this
preliminary work and the limited number of seahorse wells, we did not include type 1 IFN alone.

The authors show that type 1 IFN decrease lactate under hypoxic conditions. Does that mean that glycolysis is decreased in the absence of activation of TLR7 and 8 by resiquinod? Could the authors show the analysis of glycolysis using the see horse technology to compare with the data shown in Figure 8A? In contrast, type 1 IFN did not affect the levels of TCA intermediates but increased the level of glutamate. Is the intracellular glucose affected?

**LC-MS analysis was undertaken in the absence of TLR7 and 8 activation, to address the basal metabolic response to neutrophil stimulation with Type 1 IFNs. It will be important in future work to address the metabolic rewiring that occurs in response to TLR7 and 8 activation in the presence and absence of Type 1 IFNs.**

Unfortunately, due to potential risk of infection from blood taken from patients with COVID-19 disease, we were unable to perform live seahorse assays in this setting.

**Levels of glucose -6-phosphate were unchanged.**

The metabolic analysis of neutrophils in Covid patients show that there is no modulation of lactate but an increase in intracellular glucose. This is why is could be important to measure intracellular glucose in the neutrophils of healthy controls stimulated by resiquinod in the presence or absence of type 1 IFN.

**As detailed above, we have not undertaken LC-MS analysis of resiquimod stimulated neutrophils. We agree this would be an important future direction of work, and a limitation of the current study. This is reflected in the cautious interpretation of our data as presented.**

Interestingly, the authors show an increase in glutamate levels in ARDS patients both in NA and in CA suggesting that this metabolic change is more related to an adaptation of neutrophils to ARDS but is not specific of COVID-19 ARDS.

**We agree.**

It could be relevant to have similar representation of glutamate amounts in the different experiments: in Figure 8I it is expressed in abundance (?) and in Figure 8D performed in healthy controls it is expressed in fold changes.

**We apologise, for this inconsistency. We have now replaced figure 8 B-D with absolute abundance (AU)**

To make the data consistent and get a clear picture of the metabolic changes that could occur in neutrophils from ARDS patients I would suggest to measure the glutamate abundance in neutrophils from heathy donors stimulated by either resiquinod in the presence or absence of type 1 IFN.
We agree this would be interesting to explore further, but to expedite the publication of neutrophil disease phenotype, we feel that this currently lies out-with the scope of the current program of work.

Same suggestion applies to the analysis of glycolysis and glucose abundance.

We agree, please see comment above.

**Competing Interests:** No competing interests were disclosed.

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Reviewer Report 01 April 2021

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Rebecca Dowey
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Lynne Prince
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This study by Reyes et al describes a comprehensive molecular analysis of neutrophils isolated from people with ARDS. They find distinct neutrophil activation signatures in COVID-19 ARDS, perhaps not surprisingly, centred around anti-viral IFN responses. The study also sheds light on the association of COVID-19 with vascular thrombosis, by identifying evidence of platelet neutrophil binding and activation of the clotting cascade. Overall, this work has been performed to a very high standard, is beautifully written and given the significant mortality associated with ARDS of all aetiology, it is of great clinical importance.

We have the following questions:

1. Could the authors clarify and add detail to the neutrophil isolation method - is this a plasma/percoll gradient as per the Haslett reference cited, or it a modified protocol?

2. For figure 2B, were equivalent numbers of events acquired for each dot plot? This would give a more accurate indication of the proportion of each cell type.

3. Considering the overarching aim of the study is to compare COVID-19 ARDS vs non-COVID-19 ARDS, it is surprising to not see a direct comparison between CA and NA for figure 3E and figure 4A. Was this done and what was the outcome?

4. In figure 5C, were the authors able to visualise neutrophil:platelet aggregates for more than
one cell and could this quantified and data presented? This would add support to figure 5D.

5. For figure 6 (M-N), consider performing stats on the raw data values and not fold changes.

6. The legend for figure 5F and figure 6N suggests that normoxic conditions (N-U) were studied but this does not seem to be reflected on the figure. Could this be clarified?

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Yes

If applicable, is the statistical analysis and its interpretation appropriate?
Yes

Are all the source data underlying the results available to ensure full reproducibility?
Yes

Are the conclusions drawn adequately supported by the results?
Yes

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** Neutrophil biology, inflammation, cell survival

We confirm that we have read this submission and believe that we have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

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**Author Response 09 Apr 2021**

**Sarah Walmsley**, University of Edinburgh, Edinburgh, UK

We would like to thank the reviewers for this positive feedback, we address each of the points below.

1. Could the authors clarify and add detail to the neutrophil isolation method - is this a plasma/percoll gradient as per the Haslett reference cited, or it a modified protocol? Apologies for any confusion. To clarify, we are using a modified PBS/percoll gradient (Dransfield et al., Cell Death and Disease. 2015; 6:E1646). Cell pellets are resuspended in 50% percoll. This cell suspension overlays a 73% lower phase and 63% upper phase discontinuous percoll gradient. Normal density neutrophils are recovered from the interface between the lower 2 phases, and low density neutrophils and peripheral blood mononuclear cells are recovered from the interface between the upper 2 phases following
centrifugation (720 g, break 0, acceleration 1 for 20 mins).

2. For figure 2B, were equivalent numbers of events acquired for each dot plot? This would give a more accurate indication of the proportion of each cell type. For each dot plot we acquired data on a fixed volume of whole blood (100 microlitres) to allow for differences within multiple different circulating cell populations.

3. Considering the overarching aim of the study is to compare COVID-19 ARDS vs non-COVID-19 ARDS, it is surprising to not see a direct comparison between CA and NA for figure 3E and figure 4A. Was this done and what was the outcome? This is an important point. We compared the neutrophil proteome of each disease group back to the healthy control neutrophil proteome to allow us to identify which protein signatures were common to both COVID-19 ARDS and non-COVID-19 ARDS, and which were specific to each disease group. A direct comparison between COVID-19 ARDS and non-COVID-19 ARDS would not allow us to identify changes in protein expression that were common to ARDS all cause versus healthy control.

4. In figure 5C, were the authors able to visualise neutrophil:platelet aggregates for more than one cell and could this quantified and data presented? This would add support to figure 5D. Direct visualisation of neutrophil:platelet aggregates was undertaken in low density neutrophil fractions following density centrifugation and FACS. Given the relatively small cell yield, we did not feel it appropriate to quantify this imaging modality.

5. For figure 6 (M-N), consider performing stats on the raw data values and not fold changes. We are not claiming a difference in neutrophil granule release following dexamethasone treatment in COVID-19 ARDS patients (Figure 6M). To allow for variability in mean fluorescent intensities (MFI) in healthy donor populations at baseline (normoxic unstimulated N-U), we compared the effects of hypoxia and resiquimod back to baseline untreated MFI values for each donor (Figure 6N).

6. The legend for figure 5F and figure 6N suggests that normoxic conditions (N-U) were studied but this does not seem to be reflected on the figure. Could this be clarified? Apologies for any confusion. As detailed above, each sample was compared back to the normoxic unstimulated control (N-U) to calculate the fold change, hence its inclusion in the figure legend.

**Competing Interests:** No competing interests were disclosed.